Chowan Strong - Safer Together
Commitment

At Chowan, students, faculty and staff members live and work alongside each other. In addition, we are members of a larger community in Murfreesboro and the region. Being part of a community means considering the well-being of others as well as oneself. We ask that all members of our community share in personal responsibility to create and sustain a healthy living, learning, and working environment. We commit to Protect our Nest!

I commit to:

Care for Self
• Daily monitoring of COVID-19 symptoms and to report to a medical professional if I experience a fever of 100 F / 38 C, chills, dry cough, shortness of breath, or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, or sore throat.
• Wash my hands often with soap and water or sanitize with hand sanitizer.

Care for Others
• Staying home when I feel ill or after exposure to someone who has tested positive for COVID-19.
• Regularly practice and maintain physical distance (6 feet or greater) in communal areas including classrooms, dining facilities, library, and other places where others may gather.
• Wearing a mask or cloth covering the nose and mouth when physical distance is difficult to maintain.
• Considering the needs of others above my own.
• Cooperating with the medical professionals if I am exposed to the virus.

Care for Place
• Regular cleaning of personal and commonly shared spaces.
• Support and follow policies as directed by Chowan University.
• Respond and participate in testing and contact tracing if asked.

Student Signature: __________________________________________________

Student ID Number: ______________________